D&H Community Support

Summer 2026 Newsletter

Hello and welcome to our summer newsletter! Here we will be sharing good news, fun activities, special moments and achievements that makes our community at D&H such a wonderful place to be.

Our newsletter will be available each quarter and each edition will be packed with smiles, stories, photos, and a little bit of fun — because here at D&H, there's always something worth celebrating!

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If you have any ideas, suggestions, or something you'd like to see included in future editions, please send them to us — we'd love to hear from you!



D&H news & general Information

Welcome to the latest edition of the D&H Quarterly Newsletter! It's been quite some time since our last newsletter, and there's certainly plenty to catch up on.

We started the year with an exciting milestone as we opened our new base in Broughton Astley on 2nd January. This expansion marks an important step forward for D&H, allowing us to better support our growing services. The new base is managed by our lovely Lucy. The enthusiasm and dedication of Lucy and her team has helped make it a fantastic success from the outset.

The first quarter of the year has also brought several changes to our team. In February, we were delighted to welcome Kellie to D&H, followed by Natalie in early March. We are pleased to have them both on board and look forward to the contributions they will make as part of our growing team.

At the same time, we said goodbye to Nhung, who has relocated to Wales to begin an exciting new chapter living and working on a small animal sanctuary. We thank Nhung for all her hard work and commitment during her time with us and wish her every happiness and success in her new adventure.

On 31st March, we also said farewell to our much-valued manager, Nicky, from Acorn House. After many years of dedication and hard work, Nicky has retired, and we would like to thank her for everything she has contributed to D&H. We wish her a long, happy, and well-earned retirement.

Following Nicky's retirement, we were delighted to welcome Carol Mason, who is our new manager at Acorn House. Carol brings with her a wealth of knowledge and experience, and we are excited to have her leading the team. We also welcomed our new Deputy Managers, Sara and Josie, who both stepped into their new roles during March. We wish them every success and look forward to supporting them as they continue their professional journeys with D&H.

There have also been changes at Wigston Gardens. We said farewell to Theo, who has left us to pursue a career in catering. We wish him every success would like to thank him for his contributions during his time with us.

We are pleased to welcome Ashleigh & Casey to the team. We are delighted to have them join us and look forward to seeing them settle into their new roles.

As you can see, it has been a busy few months across D&H, with new beginnings, exciting opportunities, and fond farewells. We hope you enjoy reading this edition of the newsletter and learning more about everything that has been happening across the organisation.

Wigston Gardens

It’s been a busy and productive few months at the base! Our staff team, along with their families, kindly took part in a volunteer gardening day, helping to get the garden ready for our customers to enjoy. The space is now set up for customers to grow the fruits, vegetables, and flowers they have chosen themselves, and we look forward to seeing it flourish over the coming months.

We were also treated to a fantastic performance of Jack and the Beanstalk, organised by the wonderful Penny. A big thank you to Penny for all her hard work, and congratulations to all our Wigston Gardens customers for their amazing performance.

The cast also performed a lovely rendition of “You've Got a Friend in Me”, celebrating friendship and togetherness, something we champion here at D&H. This was followed by a brilliant performance of “Uptown Girl”. In true Westlife style, they had the audience feeling like they were “Flying Without Wings”! Well done to everyone involved for such a memorable show.

We recently enjoyed a wonderful trip with our customers to the Leicester Botanical Gardens, where everyone had the chance to explore the beautiful grounds, enjoy the fresh air, and take in the variety of plants and wildlife. It was a lovely day out, full of relaxed walks, great conversations, and plenty of smiles all around

Customers and staff from Wigston Gardens and Central Links also came together in July for a fantastic Summer Party and BBQ, enjoying an afternoon full of fun, laughter, and friendship. It was wonderful to see both bases joining together to take part in games, delicious food, and great company, making the most of the summer sunshine. A huge thank you goes to all of our dedicated staff for their hard work in organising and running such a successful event. Your enthusiasm and commitment helped create a fabulous day that was enjoyed by everyone.













Central Links

Our base has continued to be a busy and vibrant place, with a wide range of activities helping customers to build confidence, develop new skills, and strengthen friendships.

The Gardening Club has been one of our biggest successes this season, with customers playing an active role in every stage of the growing process. From preparing the soil and planting seeds to watering, weeding, and caring for the plants, customers have taken real ownership of the garden. Watching their hard work come to life has been incredibly rewarding, and everyone was delighted to enjoy a successful harvest of fresh radishes. The project has encouraged teamwork, responsibility, patience, and a sense of achievement, while also promoting the wellbeing benefits of spending time outdoors. Many customers have grown in confidence through supporting one another and taking pride in seeing the garden flourish.

Our drama group has been working enthusiastically towards an exciting production of ***Grease*.** Customers have shown fantastic commitment during rehearsals, learning lines, practising songs and dances, and supporting one another as they prepare for the performance. Taking part in the production has encouraged creativity, communication, teamwork, and self-confidence, while giving everyone the opportunity to express themselves and showcase their talents. We were so privileged to see our customers hard work pay off with such a wonderful energetic performance at the end of June.

Customers from Central Links had a fantastic time joining friends from Wigston Gardens for our annual Summer Party and BBQ. The afternoon was filled with smiles, music, games, and plenty of delicious food, giving everyone the opportunity to socialise, make new memories, and enjoy the warm summer weather together. Events like these are a wonderful way to bring our services together and celebrate the friendships that make our community so special. A huge thank you to all the staff whose hard work, creativity, and dedication made the day such a great success – your efforts are truly appreciated by everyone.








DANNY





Carr House

Carr House has enjoyed a busy and memorable few months, with a variety of activities bringing customers together and creating many special moments. One of the highlights was a wonderful World Cup-themed afternoon tea, generously funded by the Comfort Fund. Customers enjoyed a delicious selection of sandwiches, cakes, and refreshments while sharing in the excitement of the tournament, spending quality time together in a warm and welcoming atmosphere.

A particularly enjoyable afternoon was spent with the talented singer Porshe, who entertained everyone with a fantastic performance of much-loved Disney classics. Customers sang along, danced, and reminisced as the familiar songs created a joyful atmosphere filled with smiles, laughter, and fond memories. This was a perfect opportunity to bring together our two Hinckley bases, with Acorn House joining us for an afternoon of song and dance! You can catch Porshe here again on Monday 17th August!

We were also delighted to host a very successful Coffee Morning and Raffle, which brought together customers, families, friends, staff, and members of the local community. The event was a fantastic opportunity to socialise while raising valuable funds to support future activities and experiences at Carr House. We would like to extend a heartfelt thank you to all our customers, families, friends, and members of the public for your generosity, donations, and continued support.








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WORLD CUP





Acorn House

It has been a busy and exciting few months at Acorn House, with our customers enjoying a fantastic range of activities, new experiences, and community events. We've made the most of the warmer weather with outdoor visits, nature walks, fun-filled scavenger hunts, and even joined our friends at Carr House for a fantastic afternoon of singing, dancing, and entertainment with the wonderful singer Porshe. The music brought everyone together, with plenty of smiles, laughter, and dancing, making it a memorable afternoon for all.

One of the highlights of the season was our Coffee Morning, which was an incredible success, raising a whopping **£740**! We would like to say a huge thank you to everyone who came along to support us, donated delicious homemade cakes, and helped make the event so special. A special thank you also goes to The Social Enterprise team for their beautiful woodwork stall, and to all of our amazing staff who organised the games, prizes, refreshments, and activities. Your hard work, generosity, and enthusiasm made the day one to remember.

We're also delighted with the progress of our new vegetable growing area. Our customers proudly harvested their very first crop of fresh spring onions, which were then used in one of our popular Cook to Eat sessions. There was a real sense of achievement as everyone prepared and enjoyed a meal using produce they had grown themselves – a wonderful way to celebrate the rewards of teamwork, patience, and healthy eating.

We would like to thank everyone who has supported Acorn House. Whether you've volunteered your time, donated, attended our events, or simply cheered us on, your kindness and encouragement mean so much. We look forward to sharing many more exciting activities and achievements with you in the months ahead!













Broughton House

Broughton House Base has had a busy and rewarding few months, with plenty of achievements, community engagement, and enjoyable activities taking place.

We would like to extend a huge congratulations to our Support Worker, Sydni, who has successfully completed her Level 2 Adult Care Apprenticeship with a Merit. This fantastic achievement is a testament to her dedication, hard work, and commitment to providing high-quality support to our customers, and we are incredibly proud of everything she has accomplished.

We were also delighted to have our DSM, Lucy, represent Broughton House Base at the Broughton Astley Carnival, where she hosted a stall to promote our services, raise awareness within the local community, and support fundraising efforts. It was a wonderful opportunity to connect with local residents and showcase the positive work taking place across our service.

Meanwhile, our customer Floyd has achieved an incredible personal milestone by not only completing his 5K challenge but surpassing his original goal and reaching an impressive 7.6km. His determination, perseverance, and positive attitude throughout the challenge have been inspiring to both staff and fellow customers.

Customers have also been enjoying spending time outdoors, getting involved in tomato planting and learning more about gardening. Several of the plants have found a new home in our D&H raised planter, which was kindly made and donated by Dave's Den, and we are grateful for his generosity and support.

In addition, customers recently attended an LD/SEND sports session at Desford Sports Centre, where they took part in a variety of fun and inclusive activities. The session provided a fantastic opportunity to stay active, build confidence, develop new skills, and enjoy socialising with others.

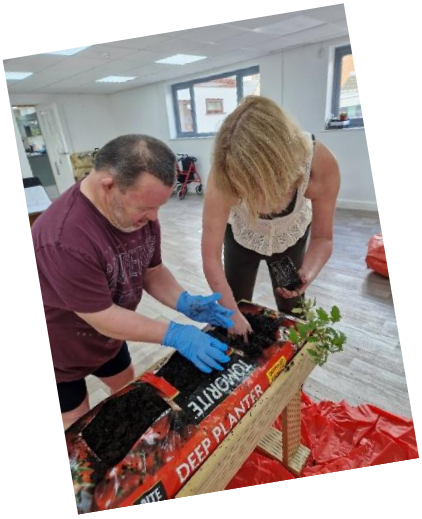
It has been wonderful to see everyone embracing new opportunities, celebrating successes, and continuing to make positive memories together at Broughton House Base.






14:27
Today
Steps
8,544
Distance
7.69KM
Flights Climbed
3
Congratulations




DEEP PLANTER



Woodcraft & gardening

Social Enterprise










WOODCRAFT AND GARDENING

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